



Military & Veteran Family Helpline

Be Heard. Be Helped.

800-313-4200

Call for any reason.

All calls are answered and no caller is turned away.

This is a free service that offers information, creates connections and gives hope to struggling military and veteran families.

It's answered by experienced problem-solvers who care deeply about veterans and their families and who have the contacts and knowledge needed to get each caller help.

Sometimes the best way to help an American war hero, is just to listen, get to the heart of the problem, and find the right kind of assistance in his or her local community.

That's the important job of our toll-free Military and Veteran Family Helpline.

The Military & Veteran Family Helpline:



- Provides caring, compassionate listening.
- Helps put the "puzzle" together and find lasting solutions.
- Makes meaningful and relevant connections to services that assist the caller, providing advocacy.
- Partners with human service organizations, veteran service groups and service officers.

This is a helpline, not a hotline. It is answered Monday through Friday between 8am and 4:30pm Eastern Time, except holidays. Messages left after hours are answered the next business day. You can also email us at help@vfwnationalhome.org.

The Military and Veteran Family Helpline is a service of the [VFW National Home for Children](http://www.vfw.org), which serves as a living memorial to America's veterans by helping our nation's struggling military and veteran families.

